

Note: All courses will offer opportunity to discuss individual behaviours of concern and support plans

Name of course	<b>Foundation Plus Level: Challenging Behaviour and Positive Behaviour Support Older Adult and Dementia</b>
Length/duration of course	4 day 24 hours average contact time.
Course outcomes	<p>By the end of this workshop, delegates will be able to:</p> <ul style="list-style-type: none"> <li>◆ Work in accordance with the RESPECT philosophy of supportive and ethical solutions - <i>a focus on pro-active strategies to minimise or reduce behaviours that challenge.</i></li> <li>◆ Understand the crisis cycle/behaviour escalation and the different strategies that can be used at each stage – <i>what works and when?</i></li> <li>◆ Reflect on why people challenge and the functional perspective to behaviour– <i>what’s it all about?</i></li> <li>◆ Understand the role of the environment in the occurrence of triggers and challenging behaviours</li> <li>◆ Apply a range of secondary interventions such as identifying early warning signs, calming, redirection, planned ignoring – <i>what can you do de-escalate a situation and empower the person to regain self control?</i></li> <li>◆ Recognise the importance of person-centred communication – <i>what do we need to consider?</i></li> <li>◆ Complete an ABC (Antecedent, Behaviour, Consequence) chart and other good practice planning tools through the use of case studies - <i>how does this information contribute to a positive behaviour support plan?</i></li> <li>◆ Understand more fully the behavioural and psychological symptoms of Dementia and explore the use communication, environmental activity based strategies to manage complex behaviours to meet people’s needs</li> <li>◆ A brief overview of the importance of life story work in supporting and meeting people’s needs</li> <li>◆ Challenge stigma towards older adults experiencing dementia</li> <li>◆ Understand the importance of accurate record keeping in accordance with the law and relevant local policies and the requirements for effective post incident management and support</li> <li>◆ Achieve a greater understanding of the causes of challenging behaviour by using case studies to complete an initial behavioural assessment</li> <li>◆ Demonstrate safety and competency for a range of physical intervention skills and release techniques as deemed relevant for their service area.</li> <li>◆ Understand the Law in relation to physical intervention and</li> </ul>

	<p>health and safety considerations and understanding of Mental Capacity Act and Deprivation of Liberty Safeguards</p> <ul style="list-style-type: none"> <li>◆ Demonstrate competency of advanced physical supportive techniques</li> </ul>
Participant profession	All staff working with this client group including residential, day settings, fieldwork
Target Sector	This level is designed for staff in medium to high risk settings – statutory, voluntary and private sector.
Client group	Older Adult and Dementia