

Note: All courses will offer opportunity to discuss individual behaviours of concern and support/Individual Educational Plans

Name of course	<b>Foundation Plus Level: Challenging Behaviour and Positive Behaviour Support – Education/Children and Young People Service</b>
Length/duration of course	4 days 24 hours average contact time.
Course outcomes	<p>By the end of this workshop, delegates will be able to:</p> <ul style="list-style-type: none"> <li>◆ Work in accordance with the RESPECT philosophy of supportive and ethical solutions - <i>a focus on pro-active strategies to minimise or reduce behaviours that challenge.</i></li> <li>◆ Understand the crisis cycle/behaviour escalation and the various strategies that can be used at each stage – <i>what works and when?</i></li> <li>◆ Understand the causative factors to challenging behaviour– <i>what’s it all about?</i></li> <li>◆ Apply a range of secondary interventions such as identifying early warning signs, calming, redirection, planned ignoring – <i>what can you do de-escalate a situation and empower the person to regain self control?</i></li> <li>◆ Complete an ABC (Antecedent, Behaviour, Consequence) chart and other good practice tools through the use of case studies - <i>how does this information contribute to a positive behaviour support plan?</i></li> <li>◆ Implement a range of practical everyday prevention strategies such as the alternative to ‘no’</li> <li>◆ Use case studies to focus on the elimination of problems by helping to establish new behaviours or by re-establishing those which have been lost or distorted</li> <li>◆ Respond to scenario based questions and situations about the possible function of behaviour and how this can be supported and managed</li> <li>◆ Implement positive strategies to encourage positive behaviour in your setting</li> <li>◆ Understand how to use positive appropriate relationships to enhance an organisational culture of support and not control</li> <li>◆ Understand the importance of accurate record keeping in accordance with the law and relevant local policies and the requirements for effective post incident management and support</li> <li>◆ Demonstrate safety and competency for a range of physical intervention skills and release techniques as per pre-training audit</li> <li>◆ Demonstrate competency in advanced and specialised physical supportive techniques</li> <li>◆ Understand the Law in relation to physical intervention and health and safety considerations</li> </ul>

Participant profession	All staff working with this client group including residential, day settings, fieldwork, education
Target Sector	This level is designed for staff in medium to high risk settings – statutory, voluntary and private sector.
Client group	Education and Children and Young People Service

