

Note: All courses will offer opportunity to discuss individual behaviours of concern and support plans

Name of course	Introduction Level: Challenging Behaviour and Positive Behaviour Support Adult and Children/Learning Disabilities and Autism
Length/duration of course	1 day 6 hours average contact time.
Course outcomes	<p>By the end of this workshop, delegates will be able to:</p> <ul style="list-style-type: none"> ◆ Work in accordance with the RESPECT philosophy of supportive and ethical solutions - <i>a focus on pro-active strategies to minimise or reduce behaviours that challenge.</i> ◆ Understand the crisis cycle/behaviour escalation and the different strategies that can be used at each stage – <i>what works and when?</i> ◆ Reflect on why people challenge and the functional perspective to behaviour– <i>what’s it all about?</i> ◆ Understand the role of the environment in the occurrence of triggers and challenging behaviours ◆ Apply a range of secondary interventions such as identifying early warning signs, calming, redirection, planned ignoring – <i>what can you do de-escalate a situation and empower the person to regain self control?</i> ◆ Recognise the importance of person-centred communication – <i>what do we need to consider?</i> ◆ Complete an ABC (Antecedent, Behaviour, Consequence) chart and other good practice planning tools through the use of case studies - <i>how does this information contribute to a positive behaviour support plan?</i> ◆ If required: Touch Support, Front Arm Catch, Arm Grab Release, Protective Stance. (as deemed necessary through pre-training audit) ◆ Understand the Law in relation to physical intervention and health and safety considerations
Participant profession	All staff working with this client group including residential, day settings, fieldwork
Target Sector	This level is designed for staff in low risk settings – statutory, voluntary and private sector.
Client group	Learning Disabilities and Autism